

# ESI™ Partner Course

## 'The Many Parts of You'™

### *Understanding the Puzzle of Your Behaviour*

Are your clients / staff satisfied with their performance?

Chances are they're not. Maybe they want to be healthier, smarter, wealthier, more disciplined, or from a team perspective, maybe they want to be more creative, innovative, productive, efficient, profitable, etc.

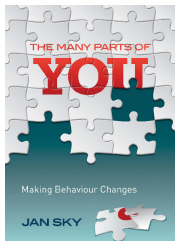
Because they aren't quite satisfied (and probably in more than one area) they're probably pushing themselves hard to get better. They talk about it, say they will, put their mind to it, write it down and post it on the computer screen.

#### And then don't!

So why, when there is a part of them that knows exactly what to do and how to do it, in order to achieve success?

The answer is that there are other parts of them that simply 'get in the way'.

#### YOUR FACILITATOR: Jan Sky



Jan is the author of the book "The Many Parts of You". She is an author, coach, corporate trainer and creator of ESI™. She is passionate about developing high performing people and will share with you the secrets of discovering 'the many parts of you' at this workshop.

#### ESI PARTNER COURSE

**DATES:** Feb 14/15 & March 7/8  
April 4/5 & April 18/19  
June 6/7 & 20/21, 2009

**TIME:** 9.30am – 4.30pm

**VENUE:** TBA

**INVESTMENT:** \$2,975 (plus gst)

#### ABOUT THE COURSE:

This intensive 4-day course is aimed at those who want to take a new direction in life or add an additional skill to their 'tool bag'. You will become fully qualified in the ESI process and be able to deliver one-day ESI Certificate Level

Courses and utilize the skills in the workplace as well as everyday practice. An ESI Partner will be privileged to ongoing support and training as well as regular meetings and get-togethers. The course is split into two x two days (one to two weeks apart) to give you time to practice your newly acquired skills and gather case studies to deliver back to the group.

#### Previous experience in coaching, counselling, HR or completed ESI Certificate Level

- All of what you receive in the one day course, **PLUS ...**
- An understanding of Ego State therapy and its link to ESI
- Supporting skills and ethical considerations
- Addressing client concerns
- Working with clients with internal dissent issues – cognitive dissonance
- Working with clients with situational concerns
- Speaking with Introjects
- Relationship issues
- Dealing with anger
- Dealing with stress
- Reframing
- Participant case studies
- Spontaneous hypnosis – practice and debriefing

#### In addition you will receive FREE

- Comprehensive workbook
- Relaxation CD
- "The Many Parts of You" book
- Facilitator guide for one day ESI Certificate Level Course
- PowerPoint presentation for ESI Certificate Level Course
- Participant workbook for ESI Certificate Level Course
- ESI Flyers – to distribute
- Pad of State Maps – to continue using the process

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## ESI PARTNER COURSE

**To enrol send the completed application form and payment to:**

Jan Sky – PO Box 27 Caringbah 2229  
Or email: [jan@skytraining.com.au](mailto:jan@skytraining.com.au)

Methods of payment: Direct bank deposit; Cheque; Credit Card

NAME: ..... PHONE: .....

ADDRESS: .....

..... P/CODE .....

EMAIL: .....

COMPANY: ..... POSITION: .....

COURSE: ..... DATE: .....

My reason for wanting to complete the **ESI™** Partner Course: .....

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**My method of payment:**  Visa  Mastercard  Bankcard

Card Account Number \_\_\_\_\_

Card Holders Name: ..... Expiry Date \_\_\_ \_\_\_/\_\_\_ \_\_\_

Signature: .....

Cheque – \$...... please make cheque payable to **Sky Training**

Direct deposit – BSB 124 001 – A/C No 20477220 – **Sky Training**

**INVESTMENT:** \$2,975 per person (plus gst)

**EARLY BIRD OFFER:** \$2,250 by one month prior to date (prices quoted add gst)

**NUMBERS LIMITED** to maximum of 12 for personalisation



For further enquiries call: **Jan Sky** Phone: 1300 787 694 or Mobile: 0409 869 664



ESI is a registered product of SKY training